

Jan 24 1980

My dear Don,

Now that I am so much better, I would like to tell you about my silence.

For about five years I haven't been able to write a letter. I had to ask Sid to take over all business things - write checks etc. A part of my brain seemed gone. It was hard to understand, for a part of it worked well. It has been a sort of real Hell.

Now suddenly a weight has lifted from my head. I am able to communicate again.

I must have had a near nervous breakdown. I am still afraid to go outside the building. I've been fortunate to be here where I can feel safe.

I have fought it thru without medication. Being allergic saved me from tranquilizers.

Sid and Georgie have stood by helpfully. Sid has been here several times. Georgie came last Christmas. I didn't really want them to come, when I felt so

unlike myself.

This is a beautiful place in a cold sort of way. I hate many things about it. There are so many hurting people. But help is only a phone call away. I needed it when I had flu over the Holidays.

I am writing this letter without knowing whether I can mail it. When I could no longer write I cleared out my desk. I am gradually getting addresses from others - but unless George has yours I have no way to get it.

I am glad to have my spirit back. I hope it will stay. I believe it will. I am not too strong and I

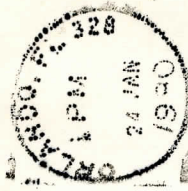
am feeling my 78 years. But I do feel happy inside again. I have friends here and I play bridge. There are many books programs - music etc.

I hope all has been well for you and Ruth. Five years is a long time and you may have crossed me off.

I hope not for you are a special friend.

Love
Marge

M. Mair
1111 S. Lidenmont
Winter Park
Fla. 32792



Mr Don St John
Haverill
New Hampshire
03765



Main Lounge

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